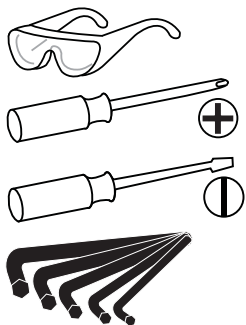
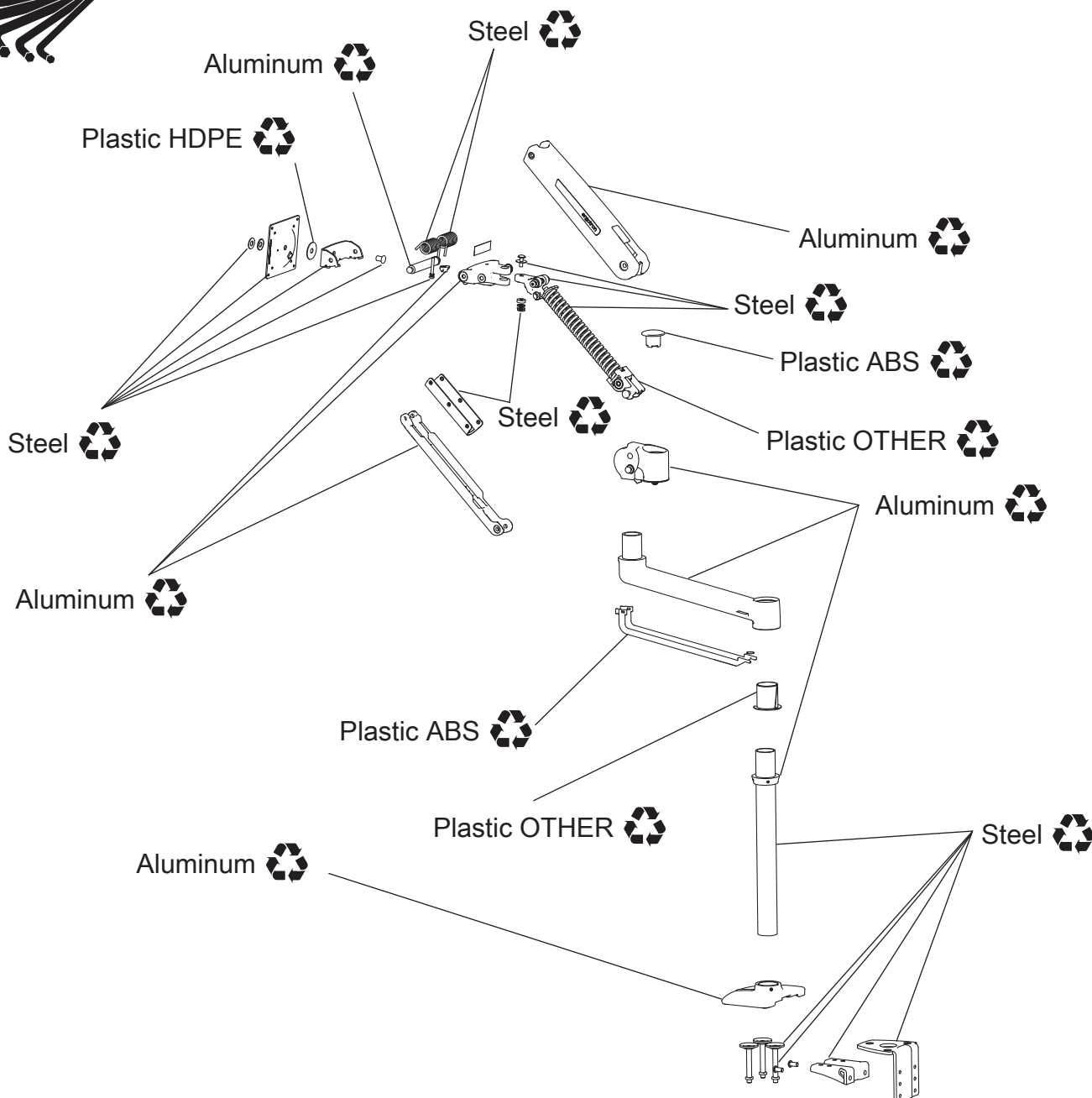
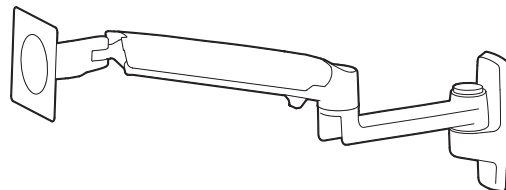


**LX HD and Sit-Stand Monitor Arm Family:**  
 45-268, 45-269, 45-353, 45-354, 45-358, 45-359,  
 45-360, 45-361, 45-383, 45-384

15 minute Disassembly  
 Tools Needed:



There may be components that are under pressure. Proceed with caution while disassembling.



**Equipment & Accessories Disposal**

1. Please dispose of all batteries in accordance with local law.
2. All Electronics should be recycled through an electronics recycler.
3. Remaining plastics and metals can be recycled through a commercial recycler.

See website for more recycling information: [www.ergotron.com/en-us/company/environmentally-responsible](http://www.ergotron.com/en-us/company/environmentally-responsible)